## 2022 Confirmation Preparation Checklist

## **Required: 8 Items Below**

- Pray and Attend Mass Weekly
   Be spiritually fed with the Eucharist!
- 2) Baptismal Information Form (pg. 3) Due Wednesday, March 23rd
- 3) Attend ALL Confirmation classes (7:30 9:00 PM)
  Parents must attend March 9th Class
  - If parents are unable to attend then they must attend March 23<sup>rd</sup> class.
  - If unable to attend either meeting, then parents must schedule a meeting with Evan before April 6<sup>th</sup>

#### Sponsors are invited to all classes

- \*\* Homeschool/ independent study options available
- ☐ Wednesday, March 9<sup>th</sup> Initial Meeting
- ☐ Wednesday, March 23<sup>rd</sup> Baptism form is due
- ☐ Wednesday, April 6<sup>th</sup> Sponsor info form due
- ☐ Wednesday, April 20<sup>th</sup> Homily Reflection due
- ☐ Wednesday, May 4<sup>th</sup> Saint Name due
- ☐ Retreat date/time? Sponsors & Students
  - Adoration & Wild Goose Reports due
- ☐ Fall 2022 Sunday evening class #1 (TBA)
- ☐ Fall 2022 Sunday evening class #2 (TBA)
- ☐ Fall 2022 Sunday evening class #3 (TBA)
- 4) Choose a Sponsor (pg. 8A & 8B)
  - Due April 6<sup>th</sup>
  - Sponsor's Name:
- 5) Participate in a Retreat (see last page of this packet)
  My Retreat: \_\_\_\_\_
- 6) Write a Letter to Bishop DeGrood
  - Letter to Bishop Due by Oct. 1st
  - ➤ Instructions will be given Sept 2022 in class
- 7) Educational meeting with Fr. Terry & Parents
  - ➤ Must be completed by August 1<sup>st</sup>
  - > Works best in summertime
  - Sign up for a timeslot on Sign Up Genius
- 8) Choose a saint name for your Confirmation Name

(pg. 10A & 10B) "Confirmation Patron Saint Report")

☐ Confirmation Name Report - Due May 4<sup>th</sup>

## Also Choose 2 Additional Items Below

You can combine or "mix and match" these items.

Just make sure you cover about 12-15 hours of formation.

- ☐ 5 Homily Reflections/Journals (pg. 4-7)
  - > 3 Reflections Due by May 4th
  - > 2 more Reflections Due by Sept. 1st

#### <u>List the Dates of Reflections you completed below:</u>

(If it was a Mass online, parent must sign or email to Evan)

#### 5 Hours Eucharistic Adoration (pg. 7)

Adoration is every Thurs. from 7:30 AM through Fri. 7:00 AM in the St. Thomas More Chapel

- > 3 Adoration Hours Due by May 4th
- 2 More Adoration Hours Due by Sept 1st
- Read: "Breath of God: Living a Life Led by the Holy Spirit" by Fr. Dave Pivonka, T.O.R.
  - Write a summary report, or chat with Evan about the book
  - Due by Sept 1st

#### OR: Watch www.thewildgooseisloose.com

- > Watch 5 videos & write summaries
- > 3 reports Due by May 4th
- > 1 more report Due by Sept 1st

#### ☐ Write More Saint Reports

- Research 4 more Saints & write reports
- 2 reports Due by May 4th
- > The rest Due by Sept 1st
- ☐ Christian Service (pg. 11-14)
  - > Total of 8 hours of volunteer service
  - Write a reflection report for each service
  - Reports Due by Sept 1st
  - Go on Another Retreat:

#### Another option instead of writing Reports:

You can have a 10 min chat, phone call or video chat with Evan or a Confirmation Teacher instead of writing any report.

#### **Another option instead of writing Homily Reflections:**

You can discuss with a parent, then parent text/email Evan.

Email Reports to: Discipleship@STMBrookings.org

#### Plan ahead for Confirmation Day!

<u>Tentatively:</u> Confirmation will be on a Sunday afternoon in October 2022. The exact date will be announced in May or June, once Bishop's schedule is set. Mass details will be given AFTER all Confirmation items are turned in.

## **BAPTISMAL INFORMATION FORM – for Confirmation**

(Return to Evan Baumberger by March 23<sup>rd</sup> via paper or E-Mail to discipleship@stmbrookings.org)

Place of Birth		Zip Code
Date of Baptism (or estimated date of Baptism)  Please check one:	State	Zip Code
Date of Baptism (or estimated date of Baptism)  Please check one:	State	Zip Code
Please check one:		
Lwas hantized at St. Thomas Mara Parish		
I was baptized at St. Thomas More Parish		
I was baptized at another parish / church, and I have Baptismal certificate to this form.	e attached a ph	otocopy of m
I was baptized at another parish / church, however I certificate, so please request a copy from the Parish		
Name of Parish / Church		
Address		
CityState		
PARENTAL INFORMATION:		
Full Name of Birth Father:		
First Name (full- no nicknames) Middle Name	Last Nan	10
Full <i>Maiden Name of Birth Mother:</i>		
First Name (full- no nicknames) Middle Name	Maiden Last N	amo
madic Hallic	Maidell Last 14	anie
***note: if adopted, list adopted parents' names***		

# Attend Mass every Sunday

Option 1: Complete 5 Scripture & Homily Reflections

Option 2: Keep a Mass Journal – make 5 entries

Option 3: Talk with your parents after Mass about the readings

& homily. Jot down a few notes, have the priest and your parent sign the paper.

Or, Parents can email Evan to report your discussion.

3 reflections due May 4th, and the other 2 due by Sept 1st

Are you often out of town on Sundays? Find a Catholic parish at your travel destination at: <a href="https://www.masstimes.org">www.masstimes.org</a> (Yes, you <a href="https://www.masstimes.org">CAN</a> complete Homily Reflections by attending Sunday Mass at another Catholic parish! Just have the priest sign the parish bulletin or the page with your journal notes.)

## Option 1: Scripture / Homily Reflections

In the beginning was the  $\widehat{W}$ ord and the Word was with  $\widehat{G}$ od, and the Word was  $\widehat{G}$ od." - John 1:1

#### The Catholic Mass consists of 2 parts:

- the Liturgy of the Word (Old Testament, New Testament & Psalm readings & Homily)
- the Liturgy of the Eucharist (Consecration of the Eucharist)

Jesus Christ is truly present in both the scripture readings and in the Eucharist!

## God is speaking.... Are you listening?

Scripture and Homily reflections help us:

- Listen to God speaking to us in the scriptures
- Learn how to apply God's message to our lives.

## How do we listen?

Read the Sunday scriptures in advance on the U.S. Bishop's website: <a href="www.usccb.org">www.usccb.org</a> Click on the calendar date on the right side of the page. You can even print them out, bring them to Mass and read along!

#### Attend Mass at STM or Pius XII Newman Center.

- Use the Homily Reflection form to take notes during the readings and homily.
- The priest MUST sign the bottom of the form.
- You CAN go back and re-read the scriptures after Mass if you didn't catch everything.

#### \*\*Forms for homily reflections:

- Are in the "YOUTH FORMS" rack in the gathering space of St. Thomas More
  - OR on the office counter at the Newman Center.
- The form must be **signed by the priest** celebrating the Mass that day.
- Completed reflections should be turned in to the RED CONFIRMATION FOLDER in the youth forms file rack,
  - o Or give them directly to Evan Baumberger at your next class period.

## SCRIPTURE / HOMILY REFLECTIONS

Read scriptures in advance: www.usccb.org (click on calendar date on right)

Candidate's Name_						
	(Candidates must complete 3 reflections by May 4th, a					5
SUMMARY of eithe	er the Old Testament or New Testament Reading	: (in youi	r own 1	word:	<u>s)</u>	
SUMMARY OF GO	SPEL – in your own words					
SUMMARY OF HO	MILY – in your own words					
	APPLY TO MY DAILY LIFE? DEEPEN MY RELATIONSHIP WITH CHRIST?					
This form must be to	s day's Mass must sign this form after the Mass on whurned in to the Red Confirmation folder, or to Evan E	Baumberg	er on th	e foll	owin	g class period
(If online Mass,	ture	ittesting to	Mass pa	ırticipa	ition)	
Evan Baumberger Si	gnature	Da	ite	**************************************		

# Attend Mass every Sunday

## **Option 2: Keep a Mass Journal**

- Make journal entries for at least 5 weeks.
- 3 journal entries due by May 4<sup>th</sup>
- 2 more entries due by Sept 1



## Listen to God's voice in the scriptures, homily and prayers at Mass.

- Bring a journal or notebook to Mass.
- Mark each journal entry with the date and at which parish you attended Mass
- Start with prayer! Ask God to show you the ONE thing he wants to you hear or learn at Mass today!
- Listen! Listen carefully to the scriptures, the prayers, homily, words of consecration, and music!
  - Write down notes of what strikes your heart during Mass.
  - O Where is God speaking to you?
  - What is the ONE thing God wants you to hear at today's Mass??
- ❖ Have the priest sign your reflections

#### Sample Journal entry:

Jully. 11, 20XX St. Thomas More

Story of widow who baked a cake of bread for Elijah – giving him the last of what she had. After the last bit of flour § oil were gone, she and her son would die. -- from 1st reading

The widow trusted God completely – to the point of death. I am amazed at how deeply she trusted God. I don't trust God nearly that much! She also completely and generously shared everything she had with Elijah. How generous am I in sharing with others? Do I really give everything to the Lord? I think I hold myself back a lot. I give myself completely to other things that are fun, or to my friends that I trust, but only give a little of myself to God.

The priest said only about 4% of Catholics actually give money to the church. All of us are called to give something. God asks us to give 10% of our income to the church g other charities. I don't have much income to give, but I think it would be a good habit for me to get into giving to the church while I am young. Perhaps I can skip buying pop or a snack after school and give that money to the church instead.

Priest Signature:	

## Eucharistic Adoration

At least 3 Adoration Hours are due by May 4th. All 5 hours are due September 1st.

#### Is that really Jesus?

As Catholics, we believe that the Eucharist really is the body, blood, soul and divinity of our Lord Jesus Christ. Jesus himself tells us this! (see Matthew 26: 26-29 and John 6:22-69) At every single celebration of the Mass, a miracle occurs when the Holy Spirit descends upon the bread and wine and changes it into the body and blood of Jesus.

#### Let Jesus love you.

When we sit before the Eucharist in a time of Adoration and prayer, we sit in front of Jesus Christ himself. We don't need to "do" anything special, pray any specific prayers or pray in any specific posture. We simply sit in front of God and let God love us! Let the peace of Christ settle into your soul. Tell Jesus what is on your heart, and listen with the ear of your heart for his response.

#### **Brookings Eucharistic Adoration Schedule**

	St. Thomas More	Newman Center  ** schedule for school year only**
Monday		8:30 a.m. to 9:30 a.m.
Tuesday		8:30 a.m. to 9:30 a.m.
Wednesday		8:30 a.m. to 5:15 p.m.
Thursday	Starts at 7:30 AM on Thursday and continues all day & overnight until 7:00 AM Friday morning	8:30 a.m. to 9:30 a.m.
Friday	Overnight until 6:45 a.m.	4 4 T

St. Thomas More's small chapel is always unlocked and Jesus is always present in the Eucharist in the chapel's tabernacle. (except Good Friday and Holy Saturday)

#### Please record at least 5 hours of Eucharistic Adoration on the chart below.

At least 3 hours must be completed by May 4th, and remaining hours due by Sept 1st

Date	Time	Location	Signature of Priest or Adult at Adoration (parents can sign if necessary)
2			
		1	
OTAL HOURS		~	

# Choosing a Confirmation Sponsor

(Return to Evan Baumberger by April 6, 2022)

## What is a Confirmation Sponsor?

A Sponsor is an adult role model in the Catholic faith - someone who will guide you and share the story of faith with you. You will meet monthly with your sponsor to pray, talk about scripture and God's action in your life through the Confirmation process.

## Why do I need a Sponsor?

We all need guides and role models who can show us how to live an authentic life of faith! A sponsor can inspire us, encourage us and share how God has helped them overcome challenges. Sponsors can help teach us how to improve our prayer life and become more closely connected with God.

## How do I choose a Sponsor?

Make a list of at least 7 people in your life who inspire you to grow in your faith (on the back). For example, what about your Baptismal Godparents, family members, friends, parish members and Y-Disciple or other youth leaders?

#### **Sponsor requirements:**

- An adult Catholic who is not your parent
- A Confirmed Catholic <u>actively practicing</u> their faith, living a life in harmony with the Catholic faith (attend weekly Sunday Mass, frequently receive the Sacrament of Reconciliation, live a virtuous life following Catholic moral teaching).
- What does it mean to be a practicing Catholic? See this video from Fr. Mike Schmitz: <a href="https://www.youtube.com/watch?v=jrGW5G8QqQ4">https://www.youtube.com/watch?v=jrGW5G8QqQ4</a>
- > Be someone who you feel comfortable with and can talk with regularly about your faith & Confirmation process.
- Be someone who will continue to be a faithful Catholic role model for you after Confirmation.
- ➤ Be free from any Canonical penalty (not living in serious sin, not acting in ways contrary to the Catholic faith)

Best if your sponsor is one of your Baptismal Godparents – because Baptism is COMPLETED in Confirmation!

## Pray!

Pray about it – ask God who should be your sponsor! Talk with your parents or small group leader about it. When you think you have the right person, ask him or her to help you grow in faith by being your sponsor!

# My Confirmation Sponsor

Return this form to Evan Baumberger by April 6th, 2022.

Student's Name:				
List at least 7 people in your life who inspire you in your faith.				
<u>Name</u>	Relationship to you			
After praying, discussion with my pa	arents, thinking about it, I have asked			
	to be my Confirmation Sponsor.			
2. My reason for asking him / her is				
3. This person inspires me to grow clos				
Sponsor's Full Name:				
Address:				
E-Mail:				

## Scripture and Catechism Passages on Confirmation

#### **Sponsors & Candidates:**

\_\_\_ #1302-1305

#1308-1311

\_\_\_ #1315-1321

\_\_ #691-701

Effects of Confirmation

Confirmation review: In Brief

Confirmation preparation & Sponsors

Names & symbols of the Holy Spirit

Turn in by October 1st

Choose from these readings to discuss and pray about during your meetings.

\*\*\*Passages in Bold are required reading\*\*\*

(check passages as you complete them)

Theirs in the kingdom of hea	ven, Beatitudes
If anyone wishes to follow m	
You have been faithful in sm	
	* * * * * * * * * * * * * * * * * * * *
Parable of the Sower	
I bless you, Father, for reveal	ing these things to the childlike
	hall flow fountains of living water
New Testament PICK 5 (in	cluding the required Bold reading)
	f the Holy Spirit and be my witness
	Holy Spirit upon the apostles)
	on all listening to the Word of God
	Spirit when you became believers?
	oured into our hearts by the Holy Spirit
The Spirit and our spirit bear	witness that we are children of God
	1
	pe directed by the Spirit
Old Testament PICK 3 (inc	luding the required Bold reading)
Anointed by the Lord God	7 1
I will place a new Spirit in your midst	
I will place a fiew opinit in vot	
<b>3</b>	The Spirit descending up The Spirit of the Lord is upon Parable of the Sower I bless you, Father, for reveal From the heart of the Lord since The Spirit of Truth will be with The Spirit of Truth will be mitted to the Spirit of Truth will lead your spirit of Truth will lead your will receive the power of Pentecost (decent of the They laid hands on them, and The Holy Spirit came down of Did your eceive the Holy The love of God has been poor The Spirit and our spirit bear The Spirit himself will express Gifts of the Holy Spirit If we live in the Spirit, let us be You have been signed with the There is one Body, one Spirit I will pour out my Spirit on a control of the Line I have endowed my servant we seen and the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the Line I have endowed my servant we seen signed with the Spirit of the L

OR YouCat #203 - see sidebar

## Holy Role Models: Catholic Saints

#### Who are Holy Role Models for you?

In the Catholic faith, we recognize certain holy men and women as SAINTS. These Saints are people who have died, but who led holy and admirable lives while on earth – often in the midst of great trials or suffering. They are excellent role models for us in how to lead faithful lives in relationship with Christ!

Remember we don't PRAY TO Saints, we ask them to pray for us! They are already in heaven, so they have a special "in" with God!

#### **Choosing a Confirmation Patron Saint Name:**

At Confirmation, you choose a particular Saint as your Patron Saint, who is a role model for you and who you can ask to pray for you! Patron Saints are lifetime companions.

- 1. You can take the Saint's name as your own when you are Confirmed.
- 2. You can also choose to be confirmed under your Baptismal name, if you have a Saint's baptismal name. (You still complete the Patron Saint report for your baptismal name.)
- 3. The bishop Confirms you with this name, saying "(name), be sealed with the gift of the Holy Spirit."

#### **HOW DO I CHOOSE A CONFIRMATION PATRON SAINT?**

- 1. Pray about it! Is there a particular Saint you are drawn to? Perhaps they want to pray for you and be your Confirmation Patron Saint!
- 2. Look up the meaning of your own baptismal name.
  - a. Go to: www.behindthename.com to look up your own name.
  - b. If your name is a Saint's name, or Biblical name, great! Write a report about this person. Learn why they are a holy example for you.
  - c. If your name is not a Saint or Biblical name, look a little further. Perhaps a derivative of your name is a Saint's name.

For example: Fr. Terry's name isn't a Saint's name. However, Terry can be a derivative of Teresa. Fr. Terry chose Teresa of Avila as his Confirmation Patron Saint.

#### 3. Read stories about the Saints.

- Take time to read the lives of the Saints. Perhaps look for a Saint that shares your birthday, interests, hobbies, or future occupation. We have several books you can use.
- Read stories of holy people from the Bible.
- Online places to start:

<u>CatholicSaints.info</u> <u>www.catholic.org/Saints/</u> <u>www.franciscanmedia.org/Saint-of-the-day</u> <u>www.catholic-Saints.info</u>

- Be careful of false information online! Please verify the webpage is a <u>Catholic</u> source & double check with our Saint book resources.
- If you are using an online resource for your Saint report, you MUST provide the web address citation and date accessed.
- 4. Choose Saints you are interested in & write a brief report about each of them. Details are on the back. Share your stories with your YDisciple group, then turn in your report.
  - a. Fill out the form on the back & turn it in with your report.  $\rightarrow \rightarrow \rightarrow$
- 5. Narrow your choices down and select one Saint to be your Confirmation Patron.
  - Get to know your Saint more closely! This is a special friend who you can look to as a role model and ask for their prayers.

# Confirmation Patron Saint Report

## Attach this form to the report. Due May 4th

#### Required:

Research your own baptismal name, write a report on it, and fill out this form. If your baptismal name is not a Saint name, you must choose a Saint name.

#### If you are choosing the Saint Report Option:

Write reports also on your <u>4 additional</u> favorite Saints, narrow your choices and select ONE Saint to be your Confirmation Patron. <u>If you wish</u>, you can take this Saint's name as your Confirmation name.

Your chosen Confir	mation Patron Saint:
PLEASE PRINT EA	ACH NAME IN FULL:
Your First Name:	
Your Middle Name:	
Your Last Name:	
Check one:	I choose to take my Saint name as my Confirmation name
	I prefer to reaffirm my baptismal name for Confirmation.  (This option only applies if your baptismal name is a Saint's name.)

#### **DIRECTIONS for your report:**

- 1. Find 5 Saints that inspire you.
- 2. Write at least two paragraphs on each Saint (10 sentence minimum).

Please consider these questions in your report:

- O What is the Saint's complete name? (e.g. John of the Cross or John Vianney, not 'John')
- When is their feast day? When and where did the Saint live?
- o How old was the Saint when they died? What did you find out about their family?
- O What are three ways that the Saint was a disciple and witness of Jesus Christ?
- o When was the Saint canonized? What miracles are credited to this Saint?
- o Why is this Saint inspiring to you? What do you hope to imitate in your own life?
- 3. Write or type your report on separate sheet(s) of paper. If you hand-write your report and I can't read your handwriting, I will give it back to you and ask you to do it over.
- 4. If you are using an online resource, you MUST provide the citation of the website and date you accessed it. Use CATHOLIC sites beware of false information online!
- 5. You are NOT ALLOWED to cut & paste your report from the internet. This is plagiarism. Thou shalt not steal! Please read, think about it, and write the report in your own words, including your own thoughts and opinions.
- 6. Share the stories about your favorite Saints with your YDisciple group, or members of your Confirmation class. Then turn in your Saint report.

Pg. 10-B

## CONFIRMATION CHRISTIAN SERVICE REPORT

\*\*\*All Service hours and reflection reports are due by Sept 1st (Staple this form to your reports) \*\*\*

Student's Name:	
Parent's Signature	

Write a 1-page paper (200-300 words), responding to the below scripture reading and online articles/video, in reflection of your service experience.

\*\*\*Or you may give a verbal report to Evan or another Confirmation Teacher instead of a written report.

- 1. Fill out your Christian Service hours on the back of this page  $\rightarrow \rightarrow \rightarrow$
- 2. Read Matthew 25:35-40
- 3. Watch: <a href="https://www.youtube.com/watch?v=agU\_SkY8E6k">https://www.youtube.com/watch?v=agU\_SkY8E6k</a> (Matthew West's Song: Do Something)

## Additional questions and items to consider in writing your report

- Include a summary description of what you did for your service work.
- What is the purpose behind your service work?
  - o If you worked for a charity, what is the purpose or mission behind that charity? How did you help accomplish that mission?
  - o For example: If you rang bells at Christmas time for the Salvation Army, what does the Salvation Army do? Where does the money go?
- What was most beneficial or rewarding about your service experience?
- How did your service experience deepen or enrich your faith?
- Did your service experience give you a greater sense of appreciation for your own life situation, or greater compassion for those less fortunate? How?
- Imagine that next week a storm or other unforeseen circumstance came and destroyed or made void all the good work you did in your service project. What would the meaning and purpose of your service work be about then? What would you still take away from the experience?

NAME:

## **Christian Service Hours**

It's not about "being a good person" but about acting out our faith.

We are the hands and feet of Jesus!

- 8 service hours should be recorded on this sheet.
- ◆ ALL Service hours should reflect the scripture from Matthew 25:35-40: 
  "I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me."
- ◆ A majority of the service hours should be in one location.
- ◆ The Christian Service Hours sheet and the Reflection Paper on your service are both due by September 1st.

DATE	HOURS	DESCRIPTION OF SERVICE	SUPERVISOR SIGNATURE
***************************************			

TOTAL NUMBER	OF HOURS	COMPLETED:	
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## Christian Service Activities

#### Why we do service:

- Service creates JOY in others and in ourselves!
- Service flows out of our love for God and flows into love for others
- Service helps us imitate Christ.
- Service teaches us to be selfless, to put others needs before our own, and put our own lives in true perspective
- Service connects us with community

## How do I choose my service project?

- 1) What are your skills & talents? What do you love? Make a list (a long list!) of your talents.
- 2) How can you use your talents (gifted to you from God) to bring the joy of Christ to others? How can you use your skills & talents to serve the poor and those in most desperate need? For example: you play an instrument & go play music at the nursing home Or you like to teach so volunteer to tutor struggling students
- 3) Find your passion: where does your greatest gift/talent meet the world's deepest need? Concentrate your service work there!

#### A few helpful hints: Look at Catholic Social Justice Teaching (see next page)

Look at what Christ asks us to do in Matthew 25:35-40: "I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me. Whenever you did this to the least of my people, you did it to me."

## Follow the Corporal or Spiritual Works of Mercy:

#### Corporal Works of Mercy

To feed the hungry

To give drink to the thirsty

To clothe the naked

To shelter the homeless

To visit the sick

To visit the imprisoned / ransom captives

To bury the dead

#### Spiritual Works of Mercy

To counsel the doubtful

To instruct the ignorant

To admonish the sinner

To comfort the sorrowful

To forgive all injuries

To bear wrongs patiently

To pray for the living and the dead

#### Things that DO NOT count as Christian service hours

- Family chores or responsibilities
- Helping out at your parent's workplace (unless your parent works at a charity!)
- Volunteer hours that are required for a sport or extra-curricular activity
- Anything that does not follow the corporal or spiritual works of mercy

(These activities might be worthy and good tasks, but please challenge yourself to greater service)

\*\*\*If you're not sure about a particular service project, please ask Evan\*\*\*

## Suggested Activities:

## Serve in the St. Thomas More Church community, call 692-4361 to sign up for any of the following:

#### Altar Server

- Serve at Daily or Weekend Masses
  - Contact Fr. Terry for training or Mary for scheduling

#### <u>Lumen Christi</u>

- O Volunteer to help the Summer Lumen Christi (Totus Tuus) team during the Elementary sessions
  - Contact Evan

#### Babysitting

- o Babysit for free for someone who cannot afford a sitter or for a single parent who needs a day out
- Volunteer to babysit during choir practice
  - Contact Evan or Sara Olson

#### • Living Stations of the Cross

- o Participate in the Stations during Lent and Holy Week
  - Contact Evan

#### Church Choir

- o Join the church choir and share your gift of music with us
  - Contact Sara Olson

### Serve the Brookings community...

#### Feed the Hungry

- Help serve food and fellowship to the poor of our communities
  - Weekly free meal: Harvest Table 692-4345
  - o Weekly free food distribution: Feeding Brookings, 692-6565, www.feedingbrookings.org
  - o Food pantry: organize and distribute food, 692-5007, www.brookingscountyfoodpantry.org

#### Brookings Backpack Project

- Help pack, deliver, or distribute backpacks filled with meals for kids in need
  - o Call 605-651-3900 or www.brookingsbackpackproject.org/home

#### Shelter for the needy: Habitat for Humanity

- Help build homes for low-income families at a building site
- Help at the ReStore organizing materials, moving furniture, etc.
  - o Contact HFH at 697-2540 or www.brookingshabitat.org

#### Visit the Lonely

- Visit the elderly residents in the nursing or assisted-living homes. They love to see youthful smiling faces!
  - o Contact the Neighborhoods at Brookview 696-8063 or United Living Community 692-5351
- We have a list of STM parish members who are home-bound or in nursing homes.
  - o Contact Phil Carlson at the church to visit one of our parish members!

#### Help the Elderly or disabled

- Do errands for shut-ins, do yard work, or simply stop in to visit!
- Volunteer at Advance or Special Olympics

## St. Thomas More Parish

## **2022 CONFIRMATION RETREAT OPTIONS**

## Scholarships are available for any retreat!

Retreat Scholarship Applications are located in the Gathering Space, or talk to Evan.

## **Search Retreats**

Location: Holy Spirit Catholic Church, 3601 E. Dudley Lane, Sioux Falls, SD 57103

Dates/Locations: July 22<sup>nd</sup> – 24<sup>th</sup> \*\*(Registration opens March 8<sup>th</sup>)

Cost:

Information & Registration available at: <a href="https://www.siouxfallssearch.org/">https://www.siouxfallssearch.org/</a>

\*\*\* (Scholarships also available on the registration website) \*\*\*

## **Discipleship Camp (D-Camp)**

Location: Broom Tree Center, 123 St. Raphael Circle, Irene, SD 57037

Dates:

- June 20<sup>th</sup> 23<sup>rd</sup>
- July 10th 13th

Cost: \$325 \*\*\*(use Promo Code STM2022 for \$100 off!)\*\*\*

Information & Registration available at: www.sfcatholic.org/youth/d-camp/

\*\*\* (Scholarships also available on the registration website) \*\*\*

## St. Thomas More Confirmation Retreat

Location: St. Thomas More Parish, Brookings, SD

**Date:** \*\*\*Date & Time to be determined\*\*\*

**Cost:** *\$??* 

Register: If interested contact Evan Baumberger at <u>Discipleship@STMBrookings.org</u>

## St. Thomas More Parish

## **2022 CONFIRMATION RETREAT OPTIONS**

## **Broom Tree Confirmation Retreat**

Location: Broom Tree Center, 123 St. Raphael Circle, Irene, SD 57037

Date: March 19th

**Cost: \$50** 

Register: If interested contact Evan Baumberger at Discipleship@STMBrookings.org

## Sioux Falls Diocese Confirmation Retreats

**Dates/Locations:** 

• June 18th Mitchel, SD

• June 25<sup>th</sup> Yankton, SD

• July 23<sup>rd</sup> Sioux Falls, SD

**Cost:** \$50

Information & Registration available at: <a href="https://www.sfcatholic.org/youth/confirmation-retreats/">https://www.sfcatholic.org/youth/confirmation-retreats/</a>